



DuPagePads

The Solution to End Homelessness.



Learning through Lunches

Make nutritious lunches for those in need!

We need nutritious bagged lunches to feed families and individuals at our Interim (Overnight) Housing sites.

What to Include in Each Sack Lunch:

- Sandwich
- Water bottle
- Fruit
- Snack (granola bar, trail mix, baked chips, etc.)
- Gatorade or Juice Box

How to make each Sandwich

- Preferably use whole wheat bread
- Can be peanut butter and jelly or meat and cheese
- No condiments
- Place in Ziploc bag, refrigerate
 - Sandwich will be added to sack lunch in the morning

Thank you for your generosity and support in our mission to end homelessness!

For more information, please contact:

Josie Mattern, Volunteer Coordinator
(630) 517-0569 or jmattern@dupagepads.org

Available dates listed at:

<http://bit.ly/DuPagePadsLunches>